



food blogging, day two



Chaz

 **cvillette**

<https://cvillette.livejournal.com/>

2007-09-24 21:00:00

MOOD: 😞 tired

Intake for Sept 24, 2007. ([https://www.livejournal.com/away?](https://www.livejournal.com/away?to=http%3A//www.fitday.com/webfit/publicjournals.html%3FOwner%3Dcvillette%26Year%3D2007%26Month%3D8%26Day%3D24)

[to=http%3A//www.fitday.com/webfit/publicjournals.html%3FOwner%3Dcvillette%26Year%3D2007%26Month%3D8%26Day%3D24](https://www.livejournal.com/away?to=http%3A//www.fitday.com/webfit/publicjournals.html%3FOwner%3Dcvillette%26Year%3D2007%26Month%3D8%26Day%3D24))

Okay, way too much of that was from fat. I blame Hafidha and the doughnuts. Even soup and a salad for dinner didn't save me. Fortunately, Sunday was a pretty sedentary day, so I can get away with the low-end caloric intake today.

I'm a little unnerved by the fact that Fitday has an "activity" option for "Sexual activity," with specifics:

- *Sexual activity, Active, vigorous effort*
- *Sexual activity, General, moderate effort*
- *Sexual activity, Passive, light effort, kissing, hugging*

Um. I won't be filling that one out, thanks. Whether there's anything to report or not.

"General," in case you were wondering, means I went out dancing.

Maybe I should take pictures of what I eat in any given day... no, somebody might find it triggery.



[locked] Dream Journal

All right, unconscious mind. We're coming to an accommodation. If the dreams are you cleaning house, putting

Elvis doesn't live here anymore.

Hey there. Sorry about the drama. It was... it was an emotional decision, and I didn't handle it well. So yeah, I'm sorry.

Poppets. Puppets. Poppet puppets.
Scary.